

# The EFT Academy's

## *Mentee Case Study Guidelines*

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### Your Mentor/Coach: **Jan Luther**

#### **1. Are you open to doing case studies with students you have not personally trained?**

**Yes**, if they participate in the 12-month Mentoring Program at The EFT Academy. *(I will not certify someone I do not know and trust!)*

#### **2. Do you have any case study forms or an outline that the Mentee should work from?**

Yes, these are **made available in the (paid) case study training**.

- 05 Audio/Video Release Form
- 010 Session Evaluation Scoring Sheet
- 011 Case Study Template
- 011-A Jan's Case Study Template Example
- And *possibly a hyperlink* to be accessed by the client to give session feedback.

#### **3. Do you want to meet and review the case study together in real time (in person or via phone/Skype) OR do you review the case study by yourself and then offer the feedback to the Mentee?**

The two (2) written case studies are reviewed together with me in real time by phone. *(The video case study is presented during a live peer-attended EFT Intensive event and is reviewed by your peers using the same forms I use for the written case studies.)*

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#### **4. How do you grade/score a case study?**

Form 010 Session Evaluation Scoring Sheet: **must have a score of 50 or higher** (out of 75)

Form 011: Case Study Template: **must have a score of 15 or higher** (out of 25)

For a **minimum total of 65** (out of 100)

#### **5. How long do you estimate it will take you to do the actual written case study review?**

The Mentee will submit the written case study 10 days prior to a paid 30-45-minute case study review appointment. When we meet by phone, I will have compiled a list of questions to discuss with the Mentee.

#### **6. What are your fees for reviewing a case study?**

\$199.00 total for review of the two (2) written case studies.

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### **7. What constitutes a “qualified for case study” Mentee?**

A Mentee who has fully participated in The EFT Academy Mentoring Program for a minimum of 6 months and has completed all basic Mentee requirements of The EFT Academy including, but not limited to:

- Signature of the Ethics Agreement
- Two (2) of the three (3) required paid personal sessions with Jan
- All terms of the mentoring agreement (*which may include additional purchases and study of EFT Materials outside of the group requirements*)
- 30 practice sessions including submission of the required self-evaluation celebration forms
- Attended six (6) of the 12 live monthly mentoring/coaching calls
- Completion of a minimum of three (3) pre-recorded Mentee lessons (*including completion of the accompanying quizzes*)

### **8. In what format do you expect the Case Studies to be?**

Two (2) will be written and one (1) will be a video that shows both the Mentee and client for a minimum of 20 minutes in-session.

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### 9. What are the key components that you expect in every case study?

**All case studies will include:** Building Bridges (*explaining EFT and what to expect*), Rapport, SUDs, PR, Retesting, Detective Work, comprehending the issue, assessing, explaining which EFT Techniques are used and basic coaching skills.

**Written case studies will include:** All requirements listed above plus Client History, Notes on the work done in the session and a Self-Evaluation Scoring Sheet for the session.

**Video Case Study will include:** A minimum of 20 minutes of video that clearly shows the faces of the client and the Mentee. The video must clearly show the following skills:

- A specific Tapping Technique (i.e., The Movie Technique, Sneaking Up on the Pain, Handling Geysers, etc.)
- Diffusing PR and/or skill at keeping the client focused
- Rapport, Coaching Skills
- Possibly - - - A stellar Reframe

### 10. If needed, what is the process **for repeating a case study**?

At the conclusion of our review I will tell the Mentee if I have questions or concerns that I think merit a “do-over.”

All requirements, forms and steps mentioned above will remain the same.

If I request a do-over, I'll suggest that the Mentee complete a

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specific number of additional practice sessions focusing on improving the skills in question.

Once those requirements are met, it will essentially be a “starting over” process with completing and submitting the case study and scheduling/paying for an additional case study review appointment.

### **11. What is Case Study Training and how much does it cost?**

The fee for Case Study Training is \$79.00

Case Study Training is a 60-90 minute overview of Forms and Instructions along with training on presenting a passing case study. This training also includes:

- Tapping for any PR and Fears
- Q and A
- Instructions on submitting your case study review forms
- Instructions and links needed to schedule your case study review appointment
- Instructions and coaching on how to capture and present your video case study
- Dates, registration and payment information for The EFT Intensive
- Reminders about your final requirements for your Exit/Graduation/Certification interview!